WELCOME TO QAV!
2025-2026 Course Catalogue

Most post materialist agendas begin with refuting some aspects of the materialist paradigm, or offering a certain extension of it, but staying within the basic materialist assumption—matter is all.

We offer teachings that include all the results of materialist science that refer to the machine aspects of human beings. But when it comes to human aspects of the human being, we unabashedly adopt the quantum consciousness-based worldview that quantum physics leads us to. In this way, our teachings serve to expand the horizon of science itself, finding its basis in consciousness and nonmaterial experiences such as feeling, thinking, and intuition.

Most institutions of a post materialistic bent are based on someone's philosophy, often a systems-approach arbitrarily assembling teachings of many disciplines without a proper experiential or experimental foundation. QAV offers an education based upon the established theory of quantum physics and its generalization, quantum science, founded upon solid scientific theory and experimental data.

Most post materialist institutions have no unique lineage to speak of. QAV offers an education that goes back millennia, all the way to the ancient wisdom traditions mainly developed some seven thousand years ago in the Indian subcontinent.

We offer **transformational education** (based on not only scientific theory and evidence but also experience and embodiment) in the form of a two to four years Master's degree in Psychology, as well as four to six years PhD programs in four different professional areas all integrated as per the quantum worldview:

1. Quantum Science of Health and Integrative Medicine: this supplements conventional degree programs of allopathic and alternative medicine. Students in this area will get their PhD in Yoga and Naturopathy.
2. Quantum Science of Mental Health and Happiness: this supplements traditional degree programs in psychology and social work. Students in this area will get their PhD in Psychology.
3. Quantum Science of Prosperity: this supplements degree programs in economics, business and social affairs, education and politics. Students in this area will get their PhD in either Economics or Management.

For students joining our holistic quantum programs with only a bachelor's degree, they will have to do a Master's degree with applications of quantum science in Psychology, before they can join a PhD program. Their formal degree will be in Psychology.

Each year of the two-year Master's degree program will comprise of two online semesters with one ten-day proximity workshop in Jaipur, India each year. They will have to pass a final exam in proximity in India each year before they can earn their degree, besides the online examinations for each course. During the 3rd and 4th semester, students will also prepare a master's thesis on a chosen subject under the supervision of an advisor; they will defend this thesis during the second year 10-day program.

The PhD students will do an additional year of course work. They, too, will do one 10-day proximity program each year in India, which will continue even after they finish their course work and dedicate themselves solely to research and thesis writing. PhD students will need to develop their research project and defend it as part of their qualifying exam in their first year.

Who Should Enroll in our program at Quantum Activism Vishwalayam (QAV)?

1. Students who want meaning, passion and purpose in life.
2. Students who want to achieve congruence between thinking, living, and earning
3. livelihood.
4. Students who are looking for spiritual satisfaction and transformation while pursuing their profession.
5. Students that want to connect with the spiritual wisdom traditions of the world.
6. Students wanting to contribute to changing the world through transforming
7. themselves and others with Truth, Love, Abundance, Justice, Wholeness, and other archetypes of value.
8. Students who want to raise the level of health and happiness, improve the ratio of performance to potential, and be able to help others in their chosen profession or pursuit.

Why QAV, and Not Other Post Materialist Institutions for Purposes of Training?

We respect all post materialist teaching organizations. We all endeavor to move towards a post materialist worldview. However, as the Dalai Lama frequently reminds us, no model of reality can be achieved without quantum physics; meaningful post materialist training ought to take quantum physics into account, and more often than not, other post materialist programs fail to do so.

What Will You Take with You?

- You will be able to integrate your thinking, living and livelihood and derive maximum happiness from life.
- You will go beyond the cliched if-you-want-something-badly-enough talk on manifestation and learn how to create your own reality with meaning, purpose, and satisfaction of higher needs based on theories of quantum science.
- You will master your own archetypal exploration in this incarnation and help others to do the same while learning the science of reincarnation.
- You will build expertise in quantum science of experience, quantum neuroscience, quantum biology, quantum integrative medicine, quantum psychology of mental health, quantum psychology of happiness, quantum economics, quantum leadership in business, quantum education, quantum science of intelligence, and quantum spirituality.
- You will get professional expertise in the following areas: quantum activism training, creativity counselling, happiness counselling, relationship counselling, quantum holistic nutrition, quantum Ayurveda and homeopathy, quantum naturopathy, quantum yoga and qi gong, quantum life coaching, quantum health management, quantum holistic gerontology, quantum business - leadership / entrepreneurship coaching.

What Improvement Will our Education Bring to a Student's Professional Practice?

There are some general aspects. As the Bhagavad Gita says, actions that follow from other (conditioned) actions, they are non-action (Akarma in Sanskrit) of no consequence at all to the purposive movement of consciousness. (Ironically, about 85% of the world's population ignorantly engages in such non-action.)
In this way, a creative transformative life is the only way to make life matter, which is what we teach. When you integrate thinking, living and livelihood, life becomes harmonious. That harmony will certainly increase your creativity and productivity. It is a general advantage for all professionals to have no conflict between thinking, living and how they carry out their professions. Furthermore, utilizing the quantum worldview will re-establish your focus. With the reappearance of meaning and purpose in your life, you are able to pay attention to both shallow and deep ecology. Finally, exploring an archetype (contexts of elevated thinking and noble feelings such as love, wholeness, and abundance) in your profession will bring you into synchrony with the purposive movement of consciousness.

Now to specifics:

1. Health and Integrative Medicine – PhD in Yoga and Naturopathy

- You will learn the integration of conventional and alternative medical practices.
- You will be trained in preventive medicine. This will enable you to develop and maintain a health management program for your clients.
- Even when no medicinal system will work, you can always resort to quantum
- healing (a creative technique you will learn) as a final method for healing.
- Considering healing as an exploration of the archetype of wholeness provides a healing path to enlightenment living in positive health for both patients and doctors.
- There is enormous new research on vital energy instrumentation and diagnostics that is taking place; you will be able to join these enterprises.
- Now that we understand placebo with quantum science, you will be able to make more expansive use of placebo for healing.
- You will be able to use meditation as well as techniques of quantum yoga in your
- healing practice.
- You will be able to administer scientific techniques for nutrition of all our 5 bodies.
- You will be able to join the growing list of researchers of quantum integrative
- medicine.

2. Mental Health and Happiness – PhD in Psychology

- You will learn new quantum energy-based approaches to treating neurosis, even some cases of psychosis such as depression.
- You will learn the quantum version of chakra psychology and vital creativity (like the ancient Indian systems) to further augment the treatment of neurosis, even some cases of psychosis, addictions, depression and some cases of schizophrenia.
- There is a revolution in psychotherapy using quantum creativity in therapy, increasing the efficacy of psychoanalysis by quantum healing. You will be a harbinger of the new revolution.
- Quantum creativity gives us a technique for healing addiction not treatable by any known techniques.
- Similarly, the Quantum worldview brings a revolution in positive psychology and transformation. You can become a quantum life coach and facilitator for such people who are interested in positive mental health and increasing happiness.
- You will be able to use quantum yoga techniques for dealing with anxiety, neurosis and other mental crises.

You will be able to join the growing list of teachers of transformative education and researchers of quantum integrative psychology.

3. Prosperity and Leadership in Economics, Business, and Social Activism – PhD in either Economics or Management

- Quantum economics expands the concepts of needs and gifts and in this way expands the economic arena to include our subtle higher needs (of noble feelings, new meanings, and consciousness expanding archetypes). You will be an exponent of the developing subtle economy.
- The new economics expands the concept of selfishness, to include not only the personal but also the social expanded consciousness. You will be able to complement your search for maximizing profit with doing social good.
- By identifying the invisible hands of the free market as the purposive movement of consciousness, the new economics gives you much more conscious handle on what to do to be in sync with the general evolutionary movement of the economy.
- We are introducing the archetype of abundance as the objective of business practices and pursuit of this generalized abundance along with the archetypes of love and goodness will not only make you and your employees wealthy, but will make you all happy as well.
- The quantumizing of economics and business will enable sustainability through an integration of both shallow and deep ecology for both consumers and producers. You will be a pioneer of sustainable economic practices.
- Quantumizing business practices will increase the productivity and efficiency of both management and labor, a dream of all business leaders.
- As more and more robots replace routine human jobs, the new economics, by introducing the concept of human capital, will continue to create jobs for humans and thus will enable the society not to collapse. By practicing the new economics in your business, you will literally save the economy from collapsing into chaos.

Important:

The program is available in both English and Portuguese, however basic English knowledge is required, for the final exams. Portuguese translation for our live webinars and 10-day workshops is available to our students upon request for an additional annual fee.

COURSE DESCRIPTION

QS0 Re-enchanting Psychology (Video, Textbooks, Online) - 4 Credits

We learn how our spiritual and materialist views of Matter, Consciousness, God, and the Soul are integrating using the principles of quantum physics. The confusion about the current situation with consciousness research is also discussed and solved.

Topics:

1. What is meant by the enchantment of psychology? Were we ever that way? Yes. Can we be re-enchanted? Yes. These are questions of reality that have been addressed within quantum science.
2. What is consciousness and its relation to matter?
3. The God controversy
4. The quantum secrets of soul-making
5. Feminine spirituality quantum style (live webinars with Valentina)

Text book: Goswami and Onisor, *The Quantum Re-enchantment of the Reality You Live*
Suggested Reading: Goswami, *God is not dead*; Selbie, *The Physics of God;* Russell, *From Science to God*
Video Series: Goswami, *The Quantum Re-enchantment of the Reality You Live (God Controversy)*

QS1 Quantum physics and science of consciousness (Video Series, Textbook, Online) - 4 Credits

In this course, we review the quantum worldview with special attention to quantum activism. Emphasis shall be placed upon basic quantum physics, the quantum worldview, and the quantum principles that are most used in quantum activism.

Topics:

1. Basic Quantum Physics
2. Quantum Measurement Theory
3. The Science of Experience and the Quantum Worldview
4. Quantum Principles for the Quantum Activist
5. Principles of Transformation: Quantum Creativity

Textbook: Goswami, *The Everything Answer Book*
Suggested Reading: Wolf, *Taking the Quantum Leap*
Video Series: Goswami, *The Quantum Worldview and Quantum Activism*

QS2 The Quantum Science of Manifestation of Higher Needs (Video Series, Textbook, Online) - 2 Credits

In this course, we discuss the most popular question, If I can choose reality according to quantum physics, How do I manifest things I want? We discuss barriers, we discuss how to overcome barriers especially the approach of family constellation therapy, we discuss how to intend properly, we discuss the creative process behind manifestation.

Topics:

1. How we choose, create and experience reality: Quantum Science
2. The barriers against accomplishment and how to deal with them
3. Family constellations and other therapeutic practices
4. Beyond the barriers: Quantum Creativity
5. The Seven I's of Manifestation
6. Guiding visualizations and meditations
7. The best manifestation is a new I and a new world: an Intro to Quantum Activism
8. Practicum – developing purity of Intention

Textbook: Goswami and Onisor, *Spiritual Power (unpublished)*
Suggested Reading: Goswami, Stuart, and Blake: *Quantum Activation*
Video Series: Goswami, *The Quantum Science of Manifestation*
Suggested Viewing: Ri Stuart and Reneé Slade, *The Quantum Activist*, a documentary film

QS3 Science, Psychology and Spirituality (Video Series, Textbook, Online) - 4 Credits

We trace the lineage of quantum science, a developing science within the primacy of consciousness, all the way to the birth of Indian spirituality, especially the Vedanta. In this video series of lectures, we trace more details of the progression: from Vedanta to the Bhagavad Gita to the Yoga Sutras of Patanjali to Sri Aurobindo's Integral Yoga. Finally, the integration of science and spirituality thus achieved is shown common also with the teachings of Jesus and Buddha.

Topics:

- Quantum Science and Vedanta: The Fundamental Metaphysics of Consciousness and When Science Begins
- The Five Sheaths
- Reincarnation
- Quantum Science and The Bhagavad Gita
- The Human Condition and Transformation a la Upanishad and a la Quantum
- Science
- Quantum Science, the Creative Process, and Patanjali's Yoga Sutra
- Integrative Yoga and Aurobindo's Theory of Evolution in Quantum Science

Textbook: Goswami, *God is Not Dead*
Suggested Reading: Goswami & Onisor, *Quantum spirituality*
Video Series: Goswami, *Quantum Science and Indian Spirituality*

QS4 Physics of the Soul and the Psychology of Reincarnation (Video Series, Textbook, Online) - 5 Credits

The subject of this course is reincarnation: its scientific theory, evidence, and lessons. In this course, we will begin with a scientific theory of reincarnation based on the idea of quantum nonlocal memory. We will examine new data. We explain concepts such as karma, guna, and dharma and emphasize their importance in our lives. Using the text, we also discuss the quantum explanation of the bardos (passageways to realms) after death introduced in The Tibetan Book of the Dead.

Topics:

1. Reincarnation: What transmigrates from one life to another? Human Character, karma, and Nonlocal Memory
2. Empirical Data
3. "Life" After Death: The Explanation of the Bardos in The Tibetan Book of the Dead
4. Channeling: theory and data
5. The Vedantic Concept of dharma, Supportive Empirical Data, and the Quantum
6. Explanation
7. The Reincarnational Concept of the Gunas of Yoga Psychology and their Quantum Explanation
8. Dream analysis and finding your dharma

Textbook: Goswami, *Physics of the Soul*
The Death webinar, practicum – Valentina
The Dream Webinar, practicum – Amit
Video Series: Goswami, *Physics of the Soul*

QS6 How Quantum Activism Can Save Civilization (Video Series, Textbook, Online) - 3 Credits

This video course is an introduction to quantum activism—activism intended to transform the self as one transforms the world. The course emphasizes the quantum worldview based on the primacy of consciousness for making social changes using the three quantum principles of transformation—non-locality, discontinuity, and tangled hierarchy. Specific details are discussed about how we must change the social systems of economics, politics, education, health, and ethics.

Topics:

1. What is quantum activism about?
2. The Quantum Activist: The quantum principles of change
3. Applying Quantum activism to yourself
4. Integrating thinking and living
5. Integrating living with livelihood: Jobs, professions, and archetypes
6. How QA can save our health as well as the health profession—physical and mental
7. How QA can save the economy, democracy, and education
8. Quantum Integrative solution of Cultural Issues

Textbook: Goswami, *How Quantum Activism Can Save Civilization*
Video series: Goswami, *The Quantum Activist*
Suggested Reading: Goswami, *How Quantum Activism Can Save Civilization*
Suggested Reading: Sri Krishna, *The Bhagavad Gita*; Sri Aurobindo, *Synthesis of Yoga*

QS9 The Quantum Science of Consciousness and Experiences (Video Series, Textbook, Online) - 4 Credits

We discuss the quantum science of how consciousness and its ideas are embodied in matter. We explore the quantum science of experience and how it generates new concepts for integrative and preventive psychology and medicine, especially the concept of five (not one) bodies to take care of.

Topics:

1. Consciousness and the four-fold nature of human experiences
2. The material experience and its science
3. Quantum physics and how consciousness enters science
4. How quantum science can treat nonphysical experiences without dualism: quantum psychophysical parallelism.
5. Does quantum physics apply to us? Hardware and software. The five bodies of the human being.
6. The Vital body
7. The Mental body
8. Soul making higher vital and higher mental bodies
9. Quantum self as the doorway to consciousness: the fifth body

Textbook: Goswami, *See the World as a Five-Layered Cake: The Quantum Science of Consciousness and Its Experiences*
Suggested Reading: Chalmers, *Toward a Theory of Consciousness;* Searle, *The Rediscovery of the Mind*
Video Series: Goswami, *The Quantum Caretaker*

QS10 Quantum Neuroscience (Video Series, Textbook, Online) - 4 Credits

This course is about the brain and the experimental evidence that is mounting in favor of quantum neuroscience. The problem of how the brain gets its Self is solved in the context of two paradoxes: the paradox of perception and the paradox of quantum measurement. We discuss how the brain is quantum, and how the causal body, the subtle body, and the gross bodies are needed to manifest reality. We review the subject of negative emotional brain circuits and the resulting base-level human condition. We discuss how quantum science explains the many mysteries of memory-making. We examine the two modalities of the self—the transpersonal quantum self and the ego— with special emphasis on brain data, the nature of memory, and the preconscious. We explore how meditation works.
We explore the various states of consciousness including trauma and samadhi, two very different states. We discuss taming the brain and lay out a chart for ours and the brain's transformation.

Topics:
1. Brain Anatomy
2. Are Humans Philosophical Robots? Can the brain cognize?
3. The Paradox of Perception and How the Self and the Brain Co-Arise in Awareness
4. Subjective Qualia
5. The Nature of Memory
6. How the Brain "Corrupts" the Self via Memory-Conditioning and Negative
7. Emotional Brain Circuits
8. The Preconscious
9. The Neuroscience of Reincarnation
10. The States of Consciousness
11. Taming the brain and the question of transformation

Textbook: Goswami and Onisor, *The Quantum Brain: Understand, Rewire and Optimize your Brain*
Suggested Reading: Beauregard, *The Spiritual Brain; Hanson, Buddha's Brain*
Video Series: Goswami, *The Quantum Brain.*

QS11 The Quantum Psychology of Creativity (Video Series, Textbook, Online) - 4 Credits

After a definition and a four-fold classification of creativity (situational and fundamental, outer and inner), we discuss the quantum theory of the creative process in some detail. The role of inspiration, intention, intuition, imagination, incubation, insight, and implementation (the 7 I's) is clarified. The creative process of do-be-do-be-do is explained. The science of manifestation is also clarified. We explore situational and fundamental creativity with scientific exploration as an example. We illustrate the flow experience with an experiential session on art. As an example of inner creativity, the exploration of the archetype of love is chosen for the application of the creative process. As a part of this course we also show how with the concept of quantum creativity, the teachings of The Yoga Sutras of Patanjali, come alive.

Textbook: Goswami, *Quantum Creativity*
Suggested Reading: Patanjali, *The Yoga Sutras of Patanjali; Briggs, Fire in the Crucible*
Video Series: Goswami, *Quantum Creativity*

QS13 Biological Psychology and the Ascent of Humanity (Video Series, Textbook, Online) - 4 Credits

To begin this course, we consider the question, "What is life?" Then Darwin's theory of evolution is discussed and debunked. Aurobindo's and Teilhard de Chardin's ideas of evolution of consciousness are introduced. The quantum theory of creative evolution is then developed in full. In this course, we will also introduce the topic of reincarnation based on the idea of quantum nonlocal memory. We examine data. We explain concepts such as karma, guna, and dharma and emphasize their importance. The anthropology of the evolution of the mind and the rise and decline of civilization are discussed in detail. The future of evolution is predicted.

Topics:
1.Introduction: The Ascent of Humanity, Why the Ascent has Stalled? What is its Future?
2.Biology's Errors and How to Correct Them
3.Why and How Evolution
4.Darwin's Errors and How to Correct Them with Quantum Thinking and the Idea of Creative Evolution
5.Integration of Darwinism and Lamarckism: Quantum evo-devo
6.A New Biology of Feeling and the Science of Animal Cognition
7.How the Brain Got its Negative Emotional Brain Circuits
8.Strategy for Further Evolution: We Must Transform and Create Respect for Transformation

Textbook: Goswami, *The Ascent of Humanity*
Suggested Reading: Goswami, *Creative Evolution; Lipton, The Biology of belief*
Video Series: Goswami, *The Ascent of Humanity*

QS14 Quantum Economics (Video Series, Textbook, Online) - 4 Credits - for PhD students in Management and Economics

This course explores in depth the concepts and principles of quantum economics. Students will understand the history of Adam Smith's capitalism, its historical parameters and limitations, current aberrations of capitalism in the global marketplace, and how a science formulated according to the quantum worldview offers both a foundational science and metaphysical framework for ushering in a new model of capitalism. The "New Capitalism" purports to: (1) lessen the frequency and magnitude of natural boom-bust business cycles and thereby take us to a sustainable economy; (2) reduce the gap between the super-rich and poverty-stricken contributing to sustainability; (3) re-establish a middle class with access to capital and more meaningful jobs and lives; and (4) develop a workplace culture conducive to innovation, emotional-psychological-spiritual well-being, and creating a sustainable social footprint.

Topics:

1. The need for new paradigm thinking in Economics and an introduction to the Quantum Worldview and its Paradigmatic Requirements
2. Introduction to Adam Smith's Capitalism, demand-side and supply-side extensions, Monetary Economics and more
3. The Basic Principles of Quantum Economics as a quantum version of capitalism
4. Sustainability
5. The Elimination of elitism in economics
6. Elitism in politics: both Right wing Autocracy and Left-wing socialism are elitist
7. systems whereas democracy in not
8. From "I" to "We": Exploring Homo Economicus in economics and politics.

Textbook: Goswami, *Quantum Economics*
Suggested Reading: Smith, *The Wealth of Nations*
Video Series: Goswami, *Quantum Economics*

QS 15 Quantum Psychology of the Heart (Video Series, Textbook, Online) - 7 Credits

Love is an essential component of Transformation. In this course, we emphasize relationships involving the Love archetype. Ask anybody, they will say Love is the most important thing in their life. And yet, there has been no scientific theory on why we can't (or simply don't) love so much, nor is there any recipe for deepening love in a relationship. We'll present a science of Love based on the quantum worldview. We posit that Love is an archetype, a context of higher thinking and noblest feeling. Love is also the most transformative force in our life and can lead us towards Wholeness – inclusive love. Love is a self-discovery journey and a divine gift.

Topics:

1. Love and Quantum Science
2. Do women have better intuition?
3. How information processing and the negative emotional brain circuits make us
4. emotionless zombies
5. The remaking of the brain for emotional intelligence
6. Advanced emotional intelligence: the body and chakras
7. The heart chakra, love and breast cancer
8. Is there a mystic heart? A self of the heart?
9. Awakening the heart: exploration of love with fundamental creativity
10. Tantra and fundamental creativity of the vital: the awakening of kundalini
11. The male-female integration
12. When the World becomes family

Textbook: Goswami and Onisor, *Quantum science of love and relationships (unpublished)*
Video Series: Goswami, *Harnessing the Power of Love*

QS16. Quantum Leadership in Business (Video Series, Textbook, Online) - 7 Credits for PhD students in Economics and Management

Quantum leadership is the ability to achieve and maintain character with an inner balance between one's personal and professional lives as well as to be of service in leading others. This course assesses how developed you are as such a leader. It teaches you how to change attitudes and behaviors. It shows you how to increase your impact by building magnetic love- based charisma founded upon an authentic character centered in balance and harmony. It reveals how to anchor these states with the use of cutting-edge technologies from the fields of biofeedback, neurofeedback, and aura balancing. This course will also assist students in bringing their business vision and practices in alignment with the purposive evolution of consciousness. How to recognize and fulfil one's dharma, how to lead from the heart as well as the head, and how to reposition oneself in the marketplace, are among the topics presented and discussed in depth. Students will develop a blueprint to implement in their business.

Topics:

1. The Quantum Worldview demands a different kind of leadership—Quantum Leadership
2. Why the Quantum Worldview is inevitable and why everyone with a Post Materialist Mindset should focus their attention on it
3. A post secular integration of science and spirituality can solve the twin problems of worldview polarization and leadership myopia
4. The general qualities of a visionary quantum leader
5. New paradigm business is a balancing act: how business leaders need to change their modus operandi
6. Emotional intelligence and business leaders
7. Quantumizing businesses and humanizing corporations
8. Quantum entrepreneurship in subtle economy
9. Quantum economics business coaching

Textbook: Goswami A., Sinha A., Kern G, Ravindran S., *Quantum Leadership in Business (unpublished manuscript)*
Suggested Reading: Zohar, *D. Quantum Leadership*.
Video Series: Goswami, *Quantum Leadership*

QS17 The Quantum Doctor (Video Series, Textbook, Online) - 4 Credits - for PhD students in Yoga and Naturopathy, and Psychology

The purpose of this course is to demonstrate the scientific nature of conventional and alternative medicine (CAM) through the principles of quantum physics and to explore ways to integrate them to build a new integrative medicine for human beings. Naturally a new conception of human being, which is distinct from the concept as understood in scientific materialism, will be presented. Simultaneously, we develop theories of disease and healing. Clinical cases are presented and discussed. You will study the foundational principles of ancient, and even some relatively modern, medicine modalities including the shared foundation and the contrast thereof.
The goal of the course is to educate participants on the principles of inner harmony, harmony with nature, and spiritual harmony as foundations of healing. The key issue discussed here in detail is the challenge of integrating these practices into modern lifestyles addressing present health conditions. The course also examines not only evolution, but also the latest trends noted in the areas of healing sciences.

Topics:

1. The five bodies of the human being require a new science of health and healing
2. Allopathy as emergency medicine in an integrative approach to medicine
3. Vital Body Medicine: Ayurveda, Traditional Chinese Medicine, Chakra Medicine, and Homeopathy
4. Mind-Body Medicine
5. Quantum Healing

Textbooks: Goswami, *The Quantum Doctor*
Suggested Reading: Bessinger, *Foundations of Noetic Medicine;* Chopra, *Quantum Healing*
Video Series: Goswami, *Quantum Doctor*

QS20. Quantum Integral Psychology and Mental Health (Video Series, Textbook, Online) - 7 Credits - for Masters' , and for PhD in Psychology, and Yoga and Naturopathy

Psychology has four separate forces that need integration: cognitive behavioral, depth psychology, humanistic psychology, and transpersonal psychology. The first type is based on scientific materialism; the second and forth are based on the primacy of consciousness; and the third type is based on holism and systems theory. Can all these disparate branches of psychology be combined under one inclusive worldview? In this course, we answer in the affirmative and discuss the details of such a reconciliation. We will also integrate the yoga psychology concepts of reincarnation, energy psychology, and creativity into the broader psychology culminating in the formulation of a quantum integrative psychology.

Topics:

1. Introduction to Quantum Psychology: the integration of the incompatible approaches to mental health
2. The human condition and how quantum psychology approaches dealing with it
3. A brief history of developmental theories
4. The quantum psychology of development: the enneagrams
5. Personality disorders
6. The existing methods of psychotherapy
7. Quantum psychotherapy: integrative healing of the whole psyche
8. A theory of schizophrenia
9. Does quantum psychotherapy work? Case histories
10. Relationship issues with emphasis on parenting and intimate relationships: more case histories

Textbook: Goswami and Onisor, *Quantum Integral Psychology and Mental Health (unpublished manuscript)*
Suggested Reading: Biswas, *Quantum Psychiatry*
Video Series: Goswami, *Quantum Integrative Psychology*

QS23 Quantum Psychology and Science of Happiness (Video Series, Textbook, Online) - 4 Credits

In this course we take up the subject of happiness beginning with the quantum version of positive psychology. We then define a scale of happiness—the expansion of consciousness serving as its defining factor. We review the basic science of experience, theory of reincarnation and evolution, and the theory of creativity. Then we discuss, step by step, how to climb the ladder of happiness. We will begin with those people who suffer from neurosis, moving on to an exploration of people experiencing normal mental health, and then discuss those whose mental health is identified as positive. Finally, we will seek to understand those who enjoy radiant mental health.

Topics:

1. The phenomenology of happiness
2. The quantum science of experience
3. The relationship of the mind and the brain
4. Vital Energies: their relationship to the physical body, the chakras, and brain
5. circuits
6. Intuitions and the archetypes
7. The science of mental and vital creativity and manifestation
8. Reincarnation and evolution: the purpose of human life
9. Beginning the Journey: quantum science's new contexts of mental health and
10. happiness
11. The clouds that cover the sun: dichotomies
12. How you handle emotions also creates clouds that cover the sun
13. More about obstructions: the subconscious, belief systems, and emotional
14. traumas
15. The four aspects of emotional healing
16. The go-ahead skillset for maintaining emotional normality
17. The mid-life transition
18. Inner creativity and the exploration of happiness
19. Situational creativity and emotional intelligence
20. Exploring happiness with fundamental creativity
21. Ultimate happiness: spiritual enlightenment
22. The Quantum Eight-Fold Way to eternal happiness

Textbook: Goswami and Pattani, *Quantum Psychology and Science of Happiness*
Video Series: Goswami, *The Quantum Science of Happiness*

QS24 Quantum Spirituality: Quantum Training for a Life of Congruence (Video Series, Textbook, Online) - 4 Credits

We argue the case for defining and charting a worldly path to spirituality based on the exploration of the archetype of wholeness. We trace the lineage of this path to Sri Krishna's integration of Karma Yoga, Bhakti Yoga, and Jnana Yoga in the Bhagavad Gita, the Bodhisattva vow of the Mahayana Buddhist tradition, and to Sri Aurobindo's Integral Yoga. Spiritual transformation is introduced as inner creativity—creativity directed to our inner dimension. We briefly discuss the journey from information to meaning to transformation and individuation, from IQ intelligence to emotional intelligence to supra-mental intelligence. The major part of the course is devoted to the exploration of the archetype of wholeness: in karma yoga of various professions, especially the healing profession and in the yoga of the male-female dichotomy in the exploration of love and vital creativity. We discuss gyana yoga, direct creative exploration of wholeness and quantum enlightened living as living in creative flow in the manifestation stage of the archetype of wholeness.

Topics:

1. The need for a scientific and world-affirming spirituality: the exploration of wholeness
2. The quantum physics of wholeness
3. The human condition and how to get out of it
4. From information to transformation and the awakening of intelligence
5. Setting the stage for the transformational journey
6. The creative process of inner situational creativity: the making of positive
7. emotional brain circuits and balancing the negative
8. The professional's path: Karma Yoga Quantum Style
9. The male and female within us, archetypal dichotomies, and the path of the
10. quantum leader
11. The healing path: quantum healing and exploring wholeness
12. Integrating the five bodies
13. Vital creativity in search of wholeness
14. Exploring supramental intelligence at the soul level
15. Quantum enlightenment

Textbook: Goswami and Onisor, *Quantum Spirituality*
Suggested Reading: Tolle, *The Power of Now;* Aurobindo, *The Life Divine*
Video Series: Goswami, *Quantum Spirituality*

QS25 Practicum - Quantum Yoga of the Five Bodies: Nutrition, healing, soul recovery (Video Series, Textbook, Online, year-long Practice) - 8 Credits

We usually change our body's position from its natural position to another particular posture. We have a natural tendency to do that when we need to develop certain feelings in our internal space. In the same way, the yoga poses (asanas) were created. A fundamental secret of all forms of yoga is to create and maintain a process of resonance. Quantum Yoga facilitates a broad gamut of techniques that are extremely effective in restoring health, both physically and psychically. Many people have, unfortunately, accepted living with minor and major defects that limit them from experiencing life at its fullest. In yoga, even a disease may serve as a gateway to achieving physical, emotional, mental, and spiritual health and harmony. We will explain the approach that yoga takes in the process of healing. The approach is holistic and includes all the archetypes (not just the self, as many imagine). There are no course prerequisites. We will start with simple postures and gradually move on to more complex techniques. The postures will be assumed in a meditative ambience, where the emphasis is on the inner experience of energy-flows and states of consciousness. You will be given practical keys for understanding the meaning of the hidden symbolism of yoga science and for correlating this information with already known scientific knowledge.

Topics:

1. Yoga postures: watching the movement of vital energy and resonances
2. Pranayama: breathing practices for the control of vital energy movements
3. Mechanisms of the Mind: The Hypnotic Monkey
4. Concentration and awareness
5. Quantum attention and mental focus training
6. Mindfulness meditation—meditation on the subject
7. Chi Gong and Yoga: vital energy movements between chakras
8. Chakra balancing
9. Chakra awakening

Textbook: Onisor, *Quantum Yoga Manual (unpublished manuscript)*
Video Series: Goswami, *Quantum Yoga*
Suggested Reading: Goswami and Onisor, *Quantum Spirituality;* Aurobindo, *Synthesis of Yoga*

QS28 The Quantum Science of Intelligence: Developing Higher Intelligence (Video Series, Textbook, Online) - 4 Credits

We discuss both rewiring the brain--the making of new brain circuits of positive emotion and optimizing the brain—synchronizing the brain and the body. We also take up the subject of scales of happiness and intelligence and present brain data in their support.

Topics:

1. What is Intelligence? Why do we need it? Is there a science to help?
2. A brief history of the varieties of human experiences
3. Consciousness, experience, quantum physics, and a quantum science of human
4. intelligence
5. Conditioned and quantum brain: lower and higher intelligence
6. The beginning of the journey to higher intelligence: From a robotic brain to a meaning processing brain.
7. The journey continues: positive psychology
8. Emotional intelligence - quantum style
9. The Quantum Science of Soul-making: the beginning of supramental intelligence
10. Optimizing the brain: the levels of soul-living and supramental intelligence

Textbook: Goswami and Onisor, *The Awakening of Higher Intelligence*
Suggested reading: Krishnamurti, *The Awakening of Intelligence*
Video series: Goswami, *The Quantum Awakening of Intelligence*

QS30 Quantum Education (Video Series, Textbook, Online) - 2 Credits

The idea of education as removal of ignorance is introduced as a part and parcel of a child's growing up and an adult's finding satisfaction in life. The quantum science of education is developed in the same style as ancient India's concept of paravidhya, education that takes you beyond the veil of base-level human condition to higher intelligence and happiness.

Topics:

1. Introduction: The purpose of education, especially higher education
2. A brief history of how education became job training
3. The way back to liberal education: how the quantum worldview empowers people
4. The all-important lower education—quantum style
5. Early Education and the chakras, training in motivation.

Textbook: Goswami and Onisor, *Hero's Journey Quantum Style*
Video Series: Goswami, *Quantum Education*

QS31. Quantum Integrative Medicine (Video Series, Textbook, Online) - 4 Credits - for PhD students in Yoga and Naturopathy

The quantum worldview and the discontinuous healing path to the supramental makes way to develop an integrative medicine that provides us with a metaphysical foundation for all types of therapies. Fundamentally speaking, disease is born out of the illusion of duality and ego. Quantum self-healing is an expression of supramental intelligence. Complete healing occurs the more we re-establish the fundamental equilibrium between the microcosms and macrocosm and the more we become aware and compensate for damaging habits and resonances with beneficial ones.
This course is dedicated to everyone genuinely interested in healthy living, and it refers to the awakening of that healing power that we all have within. We will learn how to regain our inborn potential by unleashing the power of the subconscious mind through techniques that allow one to consciously access the supramental level, Vijnanamaya Kosha. The more we learn how to tap into our essence, the quantum self, the more we are open to realizing our immense potential to attain health and joy in life.

Topics:

1. The mindset of health versus the mindset of disease
2. Preventive medicine
3. Exploring body types and nutrition
4. Chakra medicine
5. Mental hygiene and positive thinking
6. Mind-body healing
7. The quantum healing process
8. The power of prayer and blessing
9. Methods of relaxation
10. The science of the heart and an answer to cancer
11. Progressing from sympathy to empathy
12. Improving from depression to serenity
13. Quantum gerontology

Textbook: Goswami and Onisor: *Quantum Integrative Medicine.*
Suggested Reading: Drouin, *Creative Integrative medicine;* Chopra, *Quantum Healing;* Dossey, *Meaning and Medicine.*
Video Series: Goswami, *Quantum Integrative Medicine*

QS 37. The Return of the Archetypes (Video Series, Textbook, Online) - 7 credits

Under the influence of first, Euro-imperialism and second, materialist science, human professions have lost their original motivation, namely archetypal exploration. In this course, after a brief history, we will discuss how the archetypes must make a come-back and professions are restored to their civilized intent. The entrepreneurial possibilities of this enterprise are enormous and are fully explored.

Topics:

1. The brief history of professions and their archetypal intent
2. Restoring science to its proper spirit as the pursuit of truth
3. The medium is not the message, truth is
4. Beauty in arts: can it ever come back?
5. Post-secular dogma free religion and the return of ethics
6. Politics, power, and Justice
7. Business in the pursuit of abundance
8. Health and Happiness in the pursuit of wholeness
9. From Wholeness to Self: is there any professional role for the self-realized Masters?

Textbook: Goswami and Onisor, *The Return of the Archetypes*
Video Series: Goswami, *The Return of the Archetypes*

FACULTY

Amit Goswami, PhD

Professor, researcher, bestselling author, quantum science pioneer, spiritual practitioner. Amit Goswami, PhD, is a retired professor from the physics department of the University of Oregon (1968 to 1997). He is a renowned pioneer of the new paradigm of quantum science based on the primacy of consciousness.

In 2009, Amit started a movement called Quantum Activism, now gaining ground in North and South America (where he has founded Quantum Academy), Europe, and India. At the same time, he has established the Center for Quantum Activism (CQA) with headquarters in USA.

In 2019, he and his collaborators established an educational wing of CQA called Quantum Activism Vishwalayam (Home of the World), acting as Department of Quantum Science at the University of Technology in Jaipur, India. They developed a Master program in Psychology, and also PhD programs in Psychology, Yoga and Naturopathy, Economics, Management, and Sociology. All these are based on principles of integration of science and spirituality that Amit has developed over the years. It is an international program of transformative education.

Goswami has written several groundbreaking popular books based on research on quantum science and consciousness, amongst them, *Quantum Integrative Medicine*, *Hero's Journey Quantum Style*, *The Quantum Brain*, *The Return of the Archetypes*, *Quantum Spirituality*, *The Re-enchantment of the Reality You Live*, *The Awakening of Higher Intelligence* (all of these, with Valentina R. Onisor, MD, PhD), *Quantum Psychology and the Science of Happiness* (with Sunita Pattani, MS), *The Self-Aware Universe*, *The Quantum Doctor*, *Physics of the Soul*, *Quantum Creativity*, and *The Everything Answer Book*.

Amit was featured in the movie *What the bleep do we know?* and the documentaries *The Dalai Lama Renaissance*, and *The Quantum Activist*. His most recent documentary was launched in 2024 in Brazil: *The power of the subtle*.

He is a spiritual practitioner and calls himself a quantum activist in search of Wholeness.

FACULTY

Valentina R. Onisor, MD, PhD
Medical doctor, researcher, author, teacher, spiritual practitioner

Valentina is a practicing physician, a pioneer of quantum integrative medicine, specialized in Family Medicine. She integrates allopathic medicine and diagnosis with various systems of complementary medicine (acupuncture and Chinese medicine, ayurveda and panchakarma, naturopathy, homeopathy, phyto-apitherapy and aromatherapy) into her practice.

Committed to consciousness awakening related sciences for over three decades, Valentina is also a yoga and meditation teacher and practitioner (Sivananda Vedanta Forest Academy, Yoga Alliance, Center for the Study of Extraterrestrial Intelligence). She has developed together with Amit Goswami, PhD, the transformative practice of Quantum Yoga, that integrates quantum science with traditional spiritual practices (qigong, yoga, meditation, esoteric Christianity, Tibetan tradition). Quantum yoga consists of applications of quantum science for the transformation of the human being from the base level condition to elevated consciousness.

Valentina has long been researching the applications of quantum science to the human being. The title of her PhD thesis was *Physiological And Psychological Transformation by using Quantum Science Methods and Principles*.

As a leader in transformational education, Valentina serves as a Director of Educational Programs at Center for Quantum Activism, USA, and is a Faculty and Dean of students, at QAV's Department of Quantum Science, UOT, (India). She is co-founder of Quantum Activism Vishwalayam, India, lecturer at Quantum Academy (Brazil), Institudo Fernanda Bem (Brazil, Mexico and Guatemala), and at Fundación Icloby & Izarpe Institute (Spain). She is also Managing Editor of the Journal of Quantum Science of Consciousness.

Valentina is currently offering a number of courses and workshops oriented towards healing and spiritual transformation all over the world. Her work has been featured in various interviews and radio shows.

She is co-author of (along with Amit Goswami, PhD) *Quantum Integrative Medicine*, *Hero's Journey Quantum Style*, *Quantum Spirituality*, *The Quantum Brain*, *The Return of the Archetypes*, *Quantum Re-enchantment of Your Reality*, *The Awakening of Higher Intelligence*, and of the upcoming books, *Quantum Science of the Heart*, *Spiritual Power*, and *The Quantum Integration of Psychology*.

TEACHING ASSISTANTS

- Phillippe Brouillard (Mexico)
- Allison Saltzman (USA)
- Greg Kern (Canada)